

ADDRESS SERVICE REQUESTED



Last month, I started my letter by saying Spring had sprung! I also said 'that there is always a but'...I guess the 5 inches of snow in April was our BUT!!

Last year at this time I was writing about it being the seventh week of Covid 19 and all of the necessary guidelines. Well, 14 months later we are still dealing with Covid 19. I hope by now you have at least gotten your first vaccine.

Last month I also wrote about the passing of members and April was no exception. Betty Barnes passed away at 103 years old! She was a long time member until moving to Perrysburg Commons. She survived breast cancer twice in her life without radiation or chemo. Her faith in God and the power of prayer carried her through. She was an amazing woman.

I am so pleased about the new food program each Wednesday. Food boxes each Wednesday MUST be ordered by Monday at noon. Please no exceptions. Donations are appreciated.

We are so excited about our Cinco de Mayo fundraiser, which is on May 5th. See details in this newsletter. Yummy tacos and tamales! Faux Margaritas!

May brings us Mother's Day on the 9th and Memorial Day on the 31st. We will be closed on the 31st — No lunches or activities.

Today is Weezie's first day back. She will be working part-time, part-time. Ann is doing better, and Denise is focused on her treatments. Prayers are appreciated.

We have a few new employees, Kelsey in the kitchen, Jennifer at the front desk, and Judy as a driver. Please go easy on the them, we don't want to scare them away!! HA!

Blessings, Paula

**Stay informed!**

- **Oregon Senior Center website**  
[www.oscoho.org](http://www.oscoho.org)
- **City of Oregon**  
[www.oregonohio.org](http://www.oregonohio.org)
- **Area Office on Aging**  
419-382-0624

Bread available for seniors 60+ Mon-Fri 11am-2pm while supplies last in front vestibule! For freshest

***Here for You! Contact Us***

**Oregon Senior Center 419-698-7078**

Paula J Benton - Executive Director

[Paula@oscoho.org](mailto:Paula@oscoho.org)

Amber Davis- Outreach Coordinator

[Amber@oscoho.org](mailto:Amber@oscoho.org)

Questions? Comments? Suggestions?

[Contact@oscoho.org](mailto:Contact@oscoho.org)

# ***JWH Oregon Senior Center's Mission***

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

## **2021 Board of Directors**

### *~ OFFICERS ~*

President: Sharon Rudess, Senior Center Rep

Treasurer: Melinda Shinaver, Compass Care

Secretary: Mary Nowaczyk, Orchard Villa

### *~DIRECTORS ~*

Marlene Buffy, Senior Center Rep

Dylan Clement, Edward Jones

Joy Gladieux, Eggleston Meinert Pavley Funeral Home

Peg Weisenburger Atty.

Bernard Wineland, Senior Center Rep

Jeff Ziviski, Mercy St. Charles Hospital

### *~ ADVISORS ~*

C.P.A.: Tucker Kissling & Associates

Legal: Melissa Purpura

Building: Keith Henninger

Council: Dennis Walendzak

### *~EXECUTIVE DIRECTOR ~*

Paula J. Benton

419-467-2377



The Oregon Senior Center is funded by the Oregon Senior Services Levy, Lucas County Senior Levy, Title III-B, and grants administered through the Area Office on Aging of Northwest Ohio, Inc. The Center is also supported, in part, by the City of Oregon donations, Pandemic Cares Act funding, membership, and fundraisers also contribute to the operation of the Center. Donations always gratefully accepted.

## **Leave the driving to us!**

Appointments, shopping, medical, banking, hairdressers, to the senior center and more! Transportation provided to any Oregon resident 60 and older to and from anywhere in Oregon!

### **SUGGESTED DONATION:**

\$3.00 roundtrip for travel to/from the Center

\$4.00 roundtrip for transport in the Oregon area.

Do you need transport across the river? We can make those arrangements!

**24-HOUR ADVANCE NOTICE REQUIRED BY CALLING:**

**419-698-7078**



## **Our JWH Oregon Senior Center CORPORATE MEMBERS**



### **PLATINUM CLUB**

GAF Society, Toledo Refining Company

### **GOLD CLUB**

BP Husky Refinery

### **FOUNDER'S CLUB**

East Point Rehabilitation, Eggleston Meinert Pavley Funeral Home, Environmental Management, Mercy Health St. Charles Hospital, VFW Post 9816

### **PRESIDENT'S CLUB**

Bay Area Credit Union, Buckeye Broadband, Clay High School, Compass Care Management, Gladieux Home Center, Kateri Catholic Service/Cardinal Stritch High School, Kingston of Perrysburg, Toledo United Swiss, Walker Funeral Home

### **DIRECTOR'S CLUB**

Alan Miller Jewelers/Gems, Inc., Calvin United Church of Christ, Croghan Colonial Bank, Dunn Chevy Buick, Envirosafe Services of Ohio, First Federal State & Trust, Freck Funeral Home, G. Scott Louderback, DDS, Genacross Lutheran Services, Genoa Bank, German American Festival Society, Jeff & Beth Ziviski, Joseph Sexton DDS Inc, Maumee Bay Self Storage, Meijer Inc., Meinke



Pick up at the Oregon Senior Center daily 11:30-12:00. Please pull around to the side kitchen door.  
 No need to get out of your car! We will bring it out to you!  
**Monday-Friday 11:30-12:00!**  
*May* You must RSVP 24 hours in advance! 419-698-7078  
 The suggested donation is \$2.50.



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Parmesan Chicken Rotini & Tomatoes Broccoli Wheat Bread Peanut Butter Cookie Milk	4 BBQ Pork Rib Patty Macaroni & Cheese Glazed Carrots Hamburger Bun Fruit Cocktail Milk	5 Lemon Pepper Chicken Confetti Rice Brussel Sprouts Wheat Bread Fresh Fruit Milk	6 Vegetarian Chili Baked Potato Green Peas Wheat Bread Pineapple Tidbits Milk	7 Garlic Rosemary Chicken Country Potatoes Green Beans Multi-Grain Bread Pineapple Cake Milk
10 Meatballs w/ Gravy Garlic Rotini Summer Vegetables w/ Corn Wheat Rolls Mandarin Oranges Milk	11 Taco Meat Mexican Rice Flour Tortilla Fresh Fruit Milk	12 Pasta Primavera Sliced Carrots Dinner Roll Brownie Milk	13 Garlic Rosemary Chicken Oven Roasted Potatoes Green Beans Multi Grain Bread Fresh Fruit Milk	14 Glazed Ham Whipped Potatoes Broccoli w/ Cheese Wheat Bread Lemon Pudding Milk
17 Salisbury Beef w/ Gravy Buttermilk Whipped Potatoes Green Beans Wheat Bread Fresh Fruit Milk	18 Ham & White Beans Cabbage Mixed Vegetables Cornbread Pineapple Tidbits Milk	19 Creamy Paprika Chicken Macaroni & Cheese Broccoli Multi Grain Bread Mixed Fruit Milk	20 Glazed Ham Succotash Glazed Carrots Dinner Roll Fresh Fruit Milk	21 Spinach Lasagna Green Peas Tossed Salad Texas Bread Hot Apple Cobbler Milk
24 Cheese Omelete Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk	25 Tomato Basil Chicken Baked Sweet Potato Broccoli Wheat Bread Strawberry Cake Milk	26 Swiss Steak Whipped Potatoes Glazed Carrots Multi Grain Bread Fresh Fruit Milk	27 Ham & Broccoli Rice Casserole Cabbage Green Peas Wheat Bread Oatmeal Raisin Cookie Milk	28 Sausage w/ Peppers & Onions Oven Roasted Potatoes Succotash Hot Dog Bun Fresh Fruit Milk
31  CLOSED  Memorial Day		Reservations must be made 24 hrs. in advance by calling 419-698-7078 Ingredients lists related to	These meals are available for donation of \$2.50 to anyone 60 years or older. <b>MEMBERS UNDER 60</b> Lunch is a <b>MANDATORY</b>	

## Medical Screenings

### BP Checks\*

May 4th & 25th 9:15am-1:00pm

Provided by Kelly from Lucas County Health Depart

\* - Must sign up ahead of time for Blood Pressure Checks.

Sign up ahead of time for your FREE PPE (personal protective equipment)!



## Creative Classes

### LIVE Acrylics Class

May 6th, 13th, 20th and 27th at 12:30pm-2:00p.m.

Join Mary Claire LIVE on Facebook create another amazing painting!

### LIVE Well Rounded Senior

May 3rd, 10th, 17th, and 24th at 11:30

Join Ann LIVE on Facebook to gain knowledge about people, places and things.

### Exercise & Dance

### Fridays at 11:15

Tai-Chi: Instructor, Kristen Calkins

Located at OSC outside, must call to sign up.



Call for program details and to sign up!! 419-698-7078

The Oregon Senior Center may not be open to the public yet but we are still here for you! We are scheduling one on one events and Facebook Live videos. If you are interested in something listed below CALL THE CENTER to find out how to participate. 419-698-7078



# May



Monday	Tuesday	Wednesday	Thursday	Friday
3 Well Rounded Senior 11:30 a.m.	4 BP Check 9:00 a.m.-1:00 p.m.	5 Cinco De Mayo Taco Drive Thru 3:00 p.m.	6 Acrylic Class 12:30 p.m.	7 Donut Drive Thru 9:00-11:00 a.m.
10 Well Rounded Senior 11:30 a.m.	11	12 Bingo 1:00 p.m.	13 Acrylic Class 12:30 p.m.	14
17 Well Rounded Senior 11:30 a.m.	18	19	20 Acrylic Class 12:30 p.m.	21 Tai-Chi 11:15 a.m.
24 Well Rounded Senior 11:30 a.m.	25 BP Check 9:00 a.m.-1:00 p.m.	26 Bingo 1:00 p.m.	27 Acrylic Class 12:30 p.m.	28 Tai-Chi 11:15 a.m.
31 Closed				

Gerry	Zemenski	5/1
Jean	Rossler	5/5
Diane	Peatee	5/8
Pam	Wohlgamuth	5/8
Irene M.	Carter	5/10
Betty	Wagoner	5/11
Carolyn	Stump	5/14
Shirlie	DeShetler	5/15
Sharon	Duvendack	5/16
Carol	Perry	5/16

Philip	Wolfe	5/16
Kenneth	Young	5/16
Carolyn	Carr	5/17
Denise	Benavides	5/18
James	Henderson	5/19
Jerry	Mahaney	5/21
Susan	St. George	5/22
Elaine	Hall	5/23
Mary	Retana	5/23
Clair	Huss	5/24

Lillian	Granger	5/25
Betty	Koska	5/25
Rex	Powers II	5/25
Susan	Szempias	5/25
Jerry	Weber	5/27
Michael	Heibeck	5/28
Dolores	Matyok	5/28
Charles	Nelms	5/28
Davis	Yallup	5/30

The Alzheimer's Association, Northwest Ohio Chapter provides services to Lucas County Residents! The Alzheimer's Association can provide support, guidance, coaching, and education for individuals and families impacted by Alzheimer's Disease and all Dementia's through our 24/7 Helpline (800-272-3900), virtual/telephonic Care Consultations, Education Programs, and Caregiver Support Groups. If interested in registering for a virtual caregiver support group or education program please call the helpline at 800-272-3900. If interested in a Care Consultation please reach out locally to Dakota Stone at 567-302-3608. We are looking for program volunteers to help with education and outreach for more information on how to volunteer please contact Dakota Stone.



### CINCO DE MAYO TACO DRIVE THRU

May 5, 2021

3:00 pm until sold out!

Preorder to ensure you  
get an order!

Soft or Hard Shell Taco

\$1.00ea. or 6 for \$5.00

Chicken Tamales

\$1.50 ea. or 4 for \$5.00



### NEW PROGRAM

Free Weekly Food Boxes

Must be 60+ years old

Boxes have assorted dairy,  
fruits, vegetables & 1 entrée.

Available Wednesdays  
at 11:00 a.m.

Pick up is at the side  
kitchen door.

MUST call by Mondays at 12:00

*Dwyane "Bud" Solly 2/2/21*  
*Betty Barnes 3/16/21 (103 yrs. old)*  
*Eugene Krum 4/3/21*  
*Jerry Ryan 4/11/21*  
*Elizabeth "Liz" Meinert 4/13/21*  
*Richard Navarre 4/17/21*



Denise Benavides	Jim Harrell	Lucille Paul
Eunice Block	Dolores Heilman	Rex Powers
Sandy Boileau	Jim Henderson	Pat Purdy
Fatima Buck	Marge Henning	Mary Retana
Alice Cobb	Betty Hessling	Elenor Scheiba
Pat Christy	Sue Jones	Mary Ann Suto
Lillian Cousino	Elsie Keckstein	Jan Tomesek
Marlene Danko	Doris Levy	Ken Villhauer
Marge Dempsey	Maria Markovitch	Lucy Waldmannstetter
Panka Eneff	Susie Moszkowicz	Rosie Whitt
Marge Foust	Dolores Mutchler	Janet Louise Whitney

### Online Grocery Shopping/Delivery

Available Mon-Thurs 9am-2pm

Let us do the work for you!!!

- Call the Center with your grocery list
  - We will place the order for you (using your payment method)
- We will pick it up and deliver it to you

That's it! Call 419-698-7078



## Oregon Senior Center

# BINGO *Live*



BINGO Live with the Oregon Senior Center

Play *Live* on Facebook for prizes! No cost to play!

Get your BINGO game packet Mon-Fri 11am-2pm at the  
 Oregon Senior Center 4350 Navarre Ave

Max 4 cards per game - ONE BINGO packet per person! MUST USE OUR CARDS!

Wednesday May 12th at 1:00pm

Wednesday May 26th at 1:00pm



Sponsored by





Thursday May 6, 13, 20 and 27, 2021 at 12:30pm to 2pm (this class will take 4 class times.)  
Learn to paint a sunset sky, hazy distant mountains, eagle flying and foreground trees.

Please read the supply list and pre-class instructions.

**Supplies:**

16" x 20" canvas or any size

Please pre-tone your canvas with a very thin wash of burnt sienna color with a damp rag before the class begins and allowed to dry.

**Acrylic Paint:** (No need to buy heavy body paint. Don't buy craft paint)

White

Black

Primary blue and/or phthalo blue

Ultramarine blue

Yellow

red

Alizarine crimson and/or Quinacridone magenta (optional)

Raw umber

Burnt sienna

**Note:** Please buy tracing/transfer paper for drawing and transferring your eagle to the canvas.

**Synthetic Brushes:**

¾" flat wash brush 3/8" flat brush, small fan brush, small angle brush, small round brush, liner brush, dagger striper brush, (other brushes are optional)



## Upcoming Events

Bay Park Hospital Flower Sale

Main Lobby Entrance at Bay Park

May 4th, 5th & 6th

7:00 a.m.-4:00 p.m.

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Drive thru Free Coffee & Donuts

at Oregon Senior Center

May 7th

9:00 a.m. - 11:00 a.m.

