

January 2021
THE EAGLE GAZETTE
JWH Oregon Senior Center
4350 Navarre Avenue
Oregon, Ohio 43616

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HELLO January

THE EAGLE GAZETTE

James "Wes" Hancock OREGON SENIOR CENTER

Volume 235 ~ January ~ Issue 245

Senior Center and Nutrition Hours: Monday—Friday, 9:00 a.m.—2:00 p.m.,

Phone: (419) 698-7078 - www.oscoho.org

Dear Oregon Senior Center Members,

Well, what do you say at the end of year 2020? It has been a challenging year, one that will be remembered for a very long time. Can you imagine what they will say in the history books? Let's all be thankful for what we do have and not dwell on what we didn't.

Lots of do and don'ts for a safe holiday. Please however you choose to celebrate, do it wisely. Consider everyone around you, but also consider yourself. Some do like to challenge the guidelines but the consequences can be deadly. Many types of social media help with the isolation which many Seniors choose not learn or be a part of, but remember we still have the good old landline. Call a friend, a family member, someone you haven't heard from in years...catch-up, get reacquainted.

The good news is the vaccine is being distributed and administered as I write this. More good news this age group is to be one of the first groups to receive the vaccine. Now you have to decide as to whether or not to get the vaccine. That is a personal decision. You need to have conversations with your doctor(s) and family. What is best for you, may not be best for someone else.

Enough about the Pandemic...Covid 19. On to more pleasant things. Was Santa good to you this year? I am sure this nasty virus didn't stop him. Many of us celebrate different 'things' this time of year; the birth of Christ, Kwanza, Hannukah, and others, just remember to hold onto your faith to get you through.

I hope everyone enjoyed the Holiday Grab & Go! We received many compliments about the food. BBQ Traveler did a great job on the chicken. We want to extend a special thank you to all who volunteered and help to make this happen and to Kingston for donating all the pumpkin pie. YUM!

As we start 2021, unless something changes in the next day or two, all will remain the same...cross your fingers! Transportation is limited to essential needs, lunch remains grab & go or frozen, we still have masks available, Facebook bingo, crafts, dirty pour, supporting services, essential services, etc.

We are here for you! Call us!! Stay Safe...Stay Healthy.

Blessings, Paula

Thank you Croghan Bank for the Holiday donation!

Stay informed!

- Oregon Senior Center website
www.oscoho.org
- City of Oregon
www.oregonohio.org

Bread available for seniors 60+ Mon-Fri 11am-2pm while supplies last in front vestibule! For freshest supply deliveries are Mondays & Wednesdays.

Limit 2 items.



Here for You! Contact Us

Oregon Senior Center 419-698-7078

Paula J Benton - Executive Director
paula@oscoho.org

Cassi Sutter - Outreach Coordinator
cassi@oscoho.org

Questions? Comments? Suggestions?
contact@oscoho.org

Website - www.oscoho.org

Oregon Senior Center



A new place to bloom!

JWH Oregon Senior Center's Mission

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

2020 Board of Directors

~ OFFICERS ~

President: Sharon Rudess, Senior Center Rep

Treasurer: Melinda Shinaver, Compass Care

Secretary: Mary Nowaczyk, Orchard Villa

~ DIRECTORS ~

Marlene Buffy, Senior Center Rep

Dylan Clement, Edward Jones

Joy Gladieux, Eggleston Meinert Pavley Funeral Home

Peg Weisenburger Atty.

Bernard Wineland, Senior Center Rep

Jeff Ziviski, Mercy St. Charles Hospital

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C.P.A.: Tucker Kissling & Associates

Legal: Melissa Purpura

Building: Keith Henninger

Council: Dennis Walendzak

~ EXECUTIVE DIRECTOR ~

Paula J. Benton

419-467-2377

The Oregon Senior Center is funded by the Oregon Senior Services Levy, Lucas County Senior Levy, Title III-B, and grants administered through the Area Office on Aging of Northwest Ohio, Inc. The Center is also supported, in part, by the City of Oregon donations, membership, and fundraisers also contribute to the operation of the Center. Donations always gratefully accepted.

Leave the driving to us!

Appointments, shopping, medical, banking, hairdressers, to the senior center and more! Transportation provided to any Oregon resident 60 and older to and from anywhere in Oregon!

Suggested Donation:

\$3.00 roundtrip for travel to/from the Center

\$4.00 roundtrip for transport in the Oregon area.

Do you need transport across the river? We can make those arrangements!

24-HOUR ADVANCE NOTICE REQUIRED BY CALLING:

419-698-7078



Our JWH Oregon Senior Center CORPORATE MEMBERS

PLATINUM CLUB

Toledo Refining Company, GAF Society

GOLD CLUB

BP Husky Refinery, Orchard Villa

FOUNDER'S CLUB

Eggleston Meinert Pavley Funeral Home, VFW Post 9816, Mercy St. Charles Hospital

PRESIDENT'S CLUB

Bay Area Credit Union, Buckeye Broadband, Hoeflinger-Shank Funeral Home, Clay High School, Kateri Catholic Service/Cardinal Stritch High School, Kingston of Perrysburg, Toledo United Swiss

DIRECTOR'S CLUB

Alan Miller Jewelers/Gems, Inc., Compass Care Management, Calvin United Church of Christ, Dunn Chevy Buick, East Point Rehabilitation, Envirosafe Services of Ohio, First Federal State & Trust, Freck Funeral Home, German American Festival Society, Joseph Sexton DDS Inc., Michael Sheehy-Ohio House of Representatives, Meinke Marina, Meijer Inc., Oregon Police Department, Genoa Bank, Tesco Transportation Equipment Sales, Croghan Colonial Bank, Genacross Lutheran Services, Jeff & Beth Ziviski, Tucker, Kissling & Associates, Inc.

FRIENDS OF THE CENTER

Dr. John Cercek, Eastern Community YMCA, Arbors of Oregon, Toledo Academy of Beauty Culture, Michael's Café & Bakery, Mr. Emblem, Liberty Tax Service, Maumee Bay Self Storage, Heartland of Oregon

HOT GRAB AND GO MEALS!


Hot Grab and Go Meals will be provided by the AOoA to anyone 60 and older for pick-up. Pick-up at the Oregon Senior Center daily 11:30-12:00. Please pull around to the side kitchen door.

No need to get out of your car! We will bring it out to you!

Monday-Friday 11:30-12:00! You must RSVP 24 hours in advance! 419-698-7078

The suggested donation is \$2.50.



Monday	Tuesday	Wednesday	Thursday	Friday
		Reservations must be made 24 hrs. in advance by calling 419-698-7078 Ingredients lists related to allergies call: 419-382-5791	These meals are available for donation of \$2.50 to anyone 60 years or older. MEMBERS UNDER 60 Lunch is a <u>MANDATORY</u> cost of \$5.61 and must given directly to staff.	1 CLOSED
4 Meatballs w/ Spaghetti Sauce Spaghetti Noodles Summer Vegetables Wheat Troll Pears Milk	5 Taco Beef Shredded Cheese Lettuce & Tomato Mexican Rice Refried Beans Flour Tortilla Fresh Fruit Milk	6 Turkey Breast w/ Gravy Whipped Potatoes Brussels Sprouts Wheat Roll Fresh Fruit Milk	7 Garlic Rosemary Chicken Oven Roasted Potatoes Glazed Carrots Texas Bread Sugar Cookie Milk	8 Vegetarian Chili Whole Kernel Corn Garden Vegetable Cornbread Pineapple Tidbits Milk
11 Swiss Steak Buttermilk Potatoes Green Beans Wheat Roll Fresh fruit Milk	12 Ham, Broccoli, & Rice Casserole Cabbage Stewed Tomatoes Multi-Grain Bread Pineapples Tidbits Milk	13 Creole Chicken Au Gratin Rotini Italian Vegetables Wheat Bread Chocolate Chip Cookie Milk	14 Beef Spaghetti Casserole Succotash Glazed Carrots Texas Bread Fresh Fruit Milk	15 Spinach Lasagna Green Peas Wheat Bread Peach Crisp Milk
18 CLOSED	19 Cranberry Dijon Chicken Cut Yams Broccoli Wheat Bread Brownie Milk	20 Roast Beef w/ Gravy Whipped Potatoes Orange Carrots Wheat Bread Fresh Fruit Milk	21 Chicken Noodle Casserole Whole Kernel Corn Green Beans Multi-Grain Bread Pineapples Tidbits Milk	22 Broccoli Spinach Egg Bake Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk
25 Spanish Beef Patty Whipped Potatoes Peas w/ Red Peppers Multi-Grain Bread Applesauce Milk	26 BBQ Chicken Patty Crispy Cubed Potatoes Green Beans Hamburger Bun Fresh Fruit Milk	27 Beef Italian Macaroni Broccoli & Cauliflower Peach Cobbler Multi-Grain Bread Milk	28 Pork w/ Supreme Sauce Whipped Potatoes Sliced Carrots Wheat Bread Blueberry Crumb Cake Milk	29 Macaroni & Cheese Stewed Tomatoes Mixed Vegetables Wheat Bread Fresh Fruit Birthday Cake Milk

Healthy Lifestyle

Nourish

Educate

Connect

Medical Screenings

BP Checks*

January 12th & 26th 9:30-1:00pm

Provided by Kelly from Lucas County Health Dept

- * - Must sign up ahead of time for Blood Pressure Checks.

Sign up ahead of time for your FREE PPE
(personal protective equipment)!



Creative Classes

LIVE Dirty Pour Acrylics

January 21st at 9:30am

Watch Weezie LIVE on Facebook create another amazing dirty pour!

Call for program details and to sign up!! 419-698-7078

The Oregon Senior Center may not be open to the public yet but we are still here for you! We are scheduling one on one events and Facebook Live videos. If you are interested in something listed below CALL THE CENTER to find out how to participate. 419-698-7078

January

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CLOSED
4	5	6	7	8
11	12 9:30-1:00 BP Checks* 2:00 Bingo	13	14	15
18 CLOSED	19	20	21 9:30 Dirty Pour	22
25	26 9:30-1:00 BP Checks*	27	28 2:00 Bingo	29

*Must sign up ahead of time for Blood Pressure Checks.

Happy Birthday

Ed	Gilbert II	1/1
Dean	Lowe	1/2
Ann	Menter	1/2
David	Brecht	1/4
Ted	Keil	1/5
Kathleen	Clinker	1/6
Gerri	Hoffman	1/6
Maryann	Ramsey	1/7
Rod	Reno	1/7
Barb	Owen	1/8

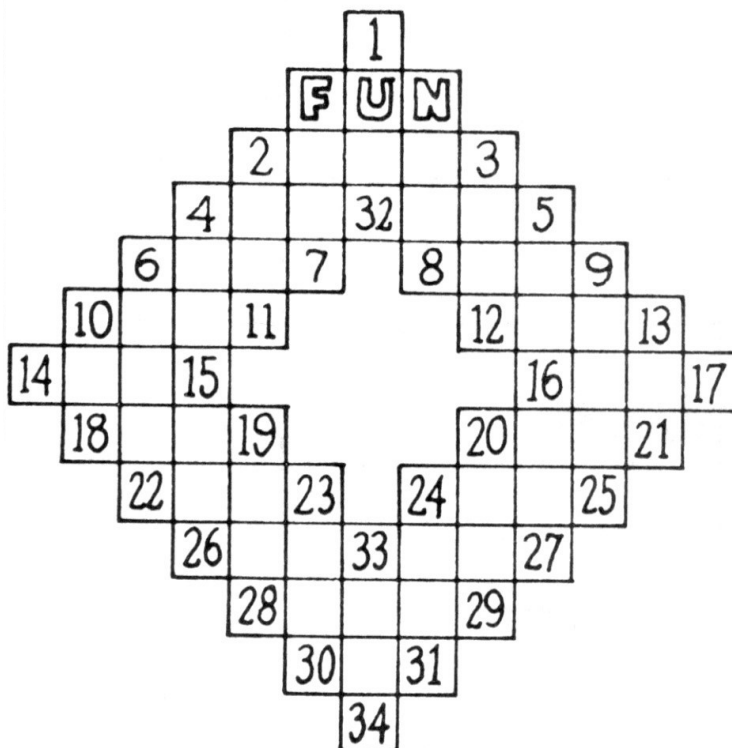
Sharron	Jurski	1/10
Becky	Lovelady	1/13
Sharon	Reisinger	1/13
Marie	Wilson	1/15
Sharon	Bosak	1/16
Patrick	Gladieux	1/16
Sharon	Molnar	1/16
Judy	Brower	1/17
Mark	Wineland	1/17

Russell	Lamp	1/19
Carol	Vincent	1/19
Diane	Folsom	1/23
Patricia R.	Kowalski	1/23
Leta	Davis-Newman	1/24
Barbara	Vargo	1/26
Linda	Wamer	1/26
Verla	Judy	1/28
John	Moore	1/30
Dorothea	Besgrove	1/30

The Alzheimer's Association, Northwest Ohio Chapter continues to provide services to Lucas County Residents! The Oregon Caregiver Support Group that had been meeting at the Oregon Senior Center on the 4th Thursday at 10:30am is now virtual. Registration is required. If interested in registering for the caregiver support group, please call the 24/7 helpline at 800-272-3900. The Alzheimer's Association also offers virtual early stage programming for the individual living in the early stages of Alzheimer's and all other Dementia, education programs, and care consultations, please call the NWO Chapter at 419-537-1999 for more information.

Arthur Wynne's first crossword puzzle appeared on December 21, 1913 in the Fun section of the New York World. The puzzle was an immediate hit (surprising Wynne more than anyone), and the public demanded more; crosswords have been with us ever since.

FUN'S Word-Cross Puzzle.



FILL in the small squares with words which agree with the following definitions:

2-3. What bargain hunters enjoy.
 4-5. A written acknowledgment.
 6-7. Such and nothing more.
 10-11. A bird.
 14-15. Opposed to less.
 18-19. What this puzzle is.
 22-23. An animal of prey.
 26-27. The close of a day.
 28-29. To elude.
 30-31. The plural of is.
 8-9. To cultivate.
 12-13. A bar of wood or iron.
 16-17. What artists learn to do.
 20-21. Fastened.
 24-25. Found on the seashore.

10-18. The fibre of the gomuti palm.
 6-22. What we all should be.
 4-26. A day dream.
 2-11. A talon.
 19-28. A pigeon.
 F-7. Part of your head.
 23-30. A river in Russia.
 1-32. To govern.
 33-34. An aromatic plant.
 N-8. A fist.
 24-31. To agree with.
 3-12. Part of a ship.
 20-29. One.
 5-27. Exchanging.
 9-25. Sunk in mud.
 13-21. A boy.

OREGON SENIOR CENTER

Membership Application through 12/31/2021

Annual membership begins on January 1 and expires on December 31. New members are welcome at any time.

REMINDER

****If you mailed your membership in December then disregard this! This is only as reminder for those who still need to mail theirs in.****

Please check appropriate membership category.

BOOSTER Membership (60 & over, with voting rights): _____ \$25/Individual _____ \$35/couple
SUPPORTING Membership (under 60, without voting rights): _____ \$25/Individual _____ \$35/couple

-- OR --

We welcome special supporting contributions. We will acknowledge these general contributions by placing the donor's name on display in the Center during the membership year.

_____ \$50.00 Bronze-Level Support Member _____ \$250.00 Diamond-Level Support Member
_____ \$75.00 Silver-Level Support Member _____ \$500.00 Platinum-Level Support Member
_____ \$150.00 Gold-Level Support Member

INDIVIDUAL MEMBERSHIP OR PERSON 1

Date _____ Male _____ Female _____
Last Name _____ First Name _____
Last 4 Digits of SS _____ Birthdate _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Cell Phone _____

PERSON 2 (Spouse) (If Applicable)

Date _____ Male _____ Female _____
Last Name _____ First Name _____
Last 4 Digits of SS _____ Birthdate _____

EMERGENCY CONTACT INFORMATION (MUST BE COMPLETED)

Last Name _____ First Name _____
Home Phone _____ Cell Phone _____
Last Name _____ First Name _____
Home Phone _____ Cell Phone _____
Primary Physician _____ Phone _____

White___ Hispanic___ African-American___ Native American___ Asian___

Please answer these questions. Your answers will help your Senior Center obtain grants and financial contributions to grow and help curb the cost of dues.

Rural: Yes___ No___ Number of Persons in Household_____ Monthly Income_____

Do you consider yourself at or below poverty level? Yes___ No___

PHOTO RELEASE FORM

I hereby grant permission to *The Oregon Senior Center* to use photographs and/or video of me taken in publications, news releases, online, and in other communications related to the mission of *The Oregon Senior Center*.

(Signature of Adult, or Guardian of Children under age 18)

Name _____

Address _____

Phone (day) _____ (evening) _____

Email Address (optional) _____

Thank you!

Oregon Senior Center

Online Grocery Shopping/Delivery

Available Mon-Thurs 9am-2pm

Let us do the work for you!!!

It's so EASY!

- Call the Center with your grocery list
 - We will place the order for you (using your payment method)
- We will pick it up and deliver it to you

That's it! Call 419-698-7078



Members under the weather or recovering

Betty Barnes	Jim Harrell	Barb Owen
Bill Bartley	Rosie Hayes	Mary Parker
Hugh Betts	Dolores Heilman	Rex Parsons
Bernadine Blasingim	Jim Henderson	Lucille Paul
Sandy Boileau	Marge Henning	Rex Powers
Fatima Buck	Betty Hessling	Pat Purdy
Alice Cobb	Sue Jones	Mary Retana
Pat Christy	Elsie Keckstein	Elenor Scheiba
Lillian Cousino	Doris Levy	Mary Ann Suto
Marlene Danko	Maria Markovitch	Jan Tomesek
Panka Eneff	Susie Moszkowicz	Ken Villhauer
Marge Foust	Dolores Mutchler	Lucy Waldmannstetter
Norma Gerke	Verna Nagy	Rosie Whitt
Kathy Halkeos		

If we've missed someone please call and update

We extend our sincere sympathy

Doris Irene Ovall 11/11

Rita McDougale 11/25

Stephen Suto 12/10



Oregon Senior Center

BINGO

Live

BINGO Live with the Oregon Senior Center

Play **Live** on Facebook for prizes! No cost to play!

Get your BINGO game packet Mon-Fri 11am-2pm at the

Oregon Senior Center 4350 Navarre Ave

Max 4 cards per game - ONE BINGO packet per person!

Tuesday January 12th at 2:00pm

Sponsored by

Thursday January 28th at 2:00pm



January 28th game packet available after January 12th.

What a year! Here's a look back at a not so normal year!

